

Resumé



Studies

- 1963 to 1973 piano, guitar and voice studies
- 1978 Bachelor of Music Degree in Composition from the University of Calgary
- 1979 Royal Conservatory of Music - Diploma in Flute Performance (with silver and gold medals throughout the years of study.)
- 1979 Grade 6 piano Diploma, Royal Conservatory of Music.
- 1980 – 1986 performed frequently with the Calgary Philharmonic Orchestra including many national radio broadcasts throughout Canada.
- 1979 to 1983 Studied with Robert Aitken, one of the foremost Concert Flutists in Canada and the world. Performed very successfully in Master Classes for Marcel Moyse, Julius Baker, Samuel Baron, Geoffrey Gilbert and William Bennet (Orchestra of Academy of St. Martin in the Fields.)
- 1983 won the National Competition (including a bursary) to play in The Banff School of Fine Arts Summer Orchestra.
- 1983/84 Winner of the National Competition and Bursary to study for 8 months in the Toronto Professional Training Orchestra.
Studied with Jeanne Baxtresser, (former principal flutist of the Montreal Symphony Orchestra, then the Toronto Symphony Orchestra and finally the New York Philharmonic.)

Teaching and Performing Career

- 1977 – 1986 taught at the Mount Royal Conservatory of Music in Calgary, Alberta, Canada (private lessons as well as group lessons and master classes.)
- 1987 – 1996 performed in Rome, Italy in many venues as soloist as well as with accompaniment by guitar. Arranged music for flute and guitar. Performed meditative music often in India, and developed her improvisational style.
- 1997 – 2006 performed meditative and improvisational music throughout Europe alone as well as with Deva Premal und Miten, Manish Vyas, (New Age und Mantren); Karunesh, Anugama, Sambodhi Prem (Meditative Music); Chinmaya Dunster, (Celtic/Indian); Milarepa, Bindhu, Prem Joshua (East West Crossover) und Harry Manx (Indian Blues Fusion). Recorded with Palash, Sambodhi Prem, Manish Vyas, Chinmaya Dunster and others.
- 2007– 2010 created “Singing Silence” circles (meditating through singing)
- 2008 first CD release with Malimba Music “Zen Spa”
- 2010 second CD release with Malimba Music “Celestial Spa”
- 2014 Member of the Sinfonieorchester Bergisch Gladbach
- 2008 – present performs Satsang meditative music, dance meditation music, Kirtan (Indian singing meditative music), and participates in other meditative singing and music groups.
Teaches flute, keyboard, piano and voice.
Continues to record.

Meditative and Stress Release Profile

- 1973 – 1986 Yoga
- 1983 Studied Yoga with B.K.S. Iyengar in Pune, India

1984	accredited Iyengar Yoga Teacher
1985	Vipassana (with Anagarika)
1987 – 1997	became familiar with many meditation and stress release techniques in India, Holland and Italy. (for example: rebirthing, encounter, inner child work, hypnosis, AUM meditation, Osho meditations: Kundalini, Nadabrahma, Dynamic)
1989	Shiatsu
1990	Prana Healing, Reiki
1991	Divine Healing/Shiatsu
1992	Intuitive Massage
1994	Rebalancing
1995 – 1998	Cranio Sacral Healing
1993 – 1997	Attunement (Emissaries of Divine Light)
1997 – 2007	Satsang (Samarpan, Om C. Parkin, Isaac Shapiro, Gangaji)
2000	Enneagram with Eli Jaxon-Bear
2006	Essenz Healing (Intentional Healing – Cliff Sanderson)
2006	Emotional Freedom Technique
2006	Living Essence (Arjuna Ardagh)
2015	Retreat for Teaching Professionals with Eckhart Tolle and Kim Eng