

Resumé

Kathleen Baker (Nandin)

Born in Calgary, Alberta, Canada



Studies

1963 to 1973 piano, guitar and voice studies

1978 – Bachelor of Music Degree in Composition from the University of Calgary

1979 – Royal Conservatory of Music – Diploma in Flute Performance (with silver and gold medals throughout the years of study.)

1979 – Grade 6 piano Diploma, Royal Conservatory of Music.

1980 – 1986 – performed frequently with the Calgary Philharmonic Orchestra including many national radio broadcasts throughout Canada.

1979 to 1983 – Studied with renowned flutist, composer and conductor Robert Aitken. Performed with distinction in Master Classes for Marcel Moyse, Julius Baker, Samuel Baron, Geoffrey Gilbert and William Bennet (Orchestra of Academy of St. Martin in the Fields.)

1982 – won the National Competition (including a bursary) to play in The Banff School of Fine Arts Summer Orchestra. (Now the Banff Centre)

1983/84 – Winner of the National Competition and Bursary to study for 8 months in the Toronto Professional Training Orchestra. Studied with Jeanne Baxtresser, (former principal flutist of the Montreal Symphony Orchestra, the Toronto Symphony Orchestra and the New York Philharmonic.)

Teaching and Performing Career

1977 to 1986 – taught at the Mount Royal University in Calgary, Alberta, Canada (private lessons as well as group lessons and master classes.)

1981 to 1983 – taught at the University of Calgary, Alberta Canada

1987 to 1996 – performed in many venues as solo flutist as well as with accompaniment by guitar. Arranged music for flute and guitar. Performed meditative music, and developed her improvisational style.

1997 to 2006 – performed meditative and improvisational music as soloist (keyboard, flute and voice) as well as with Deva Premal und Miten, Manish Vyas, (New Age und Mantren); Karunesh, Anugama, Sambodhi Prem (Meditative Music); Chinmaya Dunster, (Celtic/Indian); Milarepa, Bindhu, Prem Joshua (East West Crossover) and Harry Manx (Indian Blues Fusion). Recorded with Palash, Sambodhi Prem, Manish Vyas, Chinmaya Dunster and others.

2007 to 2010 – created “Singing Silence” circles (meditating through singing)

2008 – first CD release with Malimba Records “Zen Spa”

2010 – second CD release with Malimba Records “Celestial Spa”

2014 – Member of the Bergisch Gladbach Symphony Orchestra

2015 to 2020 – Adams International Flute Festival, Netherlands.

2016 – third CD release with Malimba Records “Reiki Meditations”

2016 – Workshop “Stress Release Through Music”, Adams International Flute Festival, Netherlands.

2016 – Flute Master classes with William Bennet, Lorna McGhee and Paul Edmund–Davies

2017 – Flute Masterclasses with Gwen Klassen, William Bennett and Lorna McGhee

2018 – Member of Yachad Chamber Orchestra
2018 – Masterclasses with Matthias Ziegler, Wissam Boustany and Ian Clarke
2020 – Masterclasses with Lorna McGhee and Gwen Klassen
2021 – Sonic Immersions with Shanna Pranaitis Matthias Ziegler (composer, low flutes and electronics), Anne La Berge (composer and electronics), Camilla Hoitenga (flutist), Jane Rigler (composer) , Eric Lamb (flutist), Melody Chua (electric flute), Jenny Clift (EFT), Merranai Shim (Feldenkreis), Hilary Abigana (movement!), Morgan Davis, (Yoga, Meditation) and Carla Rees (Low flutes, publishing).
2021 – Women in Classical Music with Gwen Klassen, Carolyn Christie and Betty Pries.
2022 – faculty at the Creativity Challenge with Shanna Pranaitis
- Summer Camp with Simone Seol of Joyful Marketing
- Visionary Workshop with Jennifer Rosenfeld
2022 – Develops the “Meditative Music Making“ Online Series
2023 – starts the nine–month Inner MBA with Tami Simon from “Sounds True” and a host of others!
2008 to the present – performs meditative music, dance meditation music, Kirtan (Indian singing meditative music), and participates in other meditative singing and music groups.
Teaches flute, keyboard, piano and voice.
Continues to record.

Meditative and Stress Release Profile

1973 – 1986 Yoga
1983 – Studied Yoga with B.K.S. Iyengar in Pune, India
1984 – accredited Iyengar Yoga Teacher
1985 – Vipassana (with Anagarika)
1987 to 1997 – became familiar with many meditation and stress release techniques
(for example: rebirthing, encounter, inner child work, hypnosis, AUM meditation, Osho meditations: Kundalini, Nadabrahma, Dynamic)
1989 – Shiatsu
1990 – Prana Healing, Reiki
1991 – Divine Healing/Shiatsu
1992 – Intuitive Massage
1994 – Rebalancing
1995 to 1998 – Cranio Sacral Healing
1993 – 1997 Attunement (Emissaries of Divine Light)
1997 – 2007 Satsang (Samarpan, Om C. Parkin, Isaac Shapiro, Gangaji)
2000 – Enneagram with Eli Jaxon Bear
2006 – Essenz Healing (Intentional Healing – Cliff Sanderson)
2006 – Emotional Freedom Technique
2006 – Living Essence (Arjuna Ardagh)
2015 – Retreat for Teaching Professionals with Eckhart Tolle and Kim Eng
2017 – Alexander Technique with Dr. Gabriela Minnes-Brandes.