

Resumé

Kathleen Baker (Nandin)
Born in Calgary, Alberta, Canada



Studies

- 1963 to 1973 piano, guitar and voice studies
- 1978 – Bachelor of Music Degree in Composition from the University of Calgary
- 1979 – Royal Conservatory of Music - Diploma in Flute Performance (with silver and gold medals throughout the years of study.)
- 1979 – Grade 6 piano Diploma, Royal Conservatory of Music.
- 1980 – 1986 – performed frequently with the Calgary Philharmonic Orchestra including many national radio broadcasts throughout Canada.
- 1979 to 1983 - Studied with renowned flutist, composer and conductor Robert Aitken. Performed with distinction in Master Classes for Marcel Moyse, Julius Baker, Samuel Baron, Geoffrey Gilbert and William Bennet (Orchestra of Academy of St. Martin in the Fields.)
- 1982 – won the National Competition (including a bursary) to play in The Banff School of Fine Arts Summer Orchestra. (Now the Banff Centre)
- 1983/84 – Winner of the National Competition and Bursary to study for 8 months in the Toronto Professional Training Orchestra. Studied with Jeanne Baxtresser, (former principal flutist of the Montreal Symphony Orchestra, the Toronto Symphony Orchestra and the New York Philharmonic.)

Teaching and Performing Career

- 1977 to 1986 – taught at the Mount Royal University in Calgary, Alberta, Canada (private lessons as well as group lessons and master classes.)
- 1981 to 1983 – taught at the University of Calgary, Alberta Canada
- 1987 to 1996 – performed in many venues as solo flutist as well as with accompaniment by guitar. Arranged music for flute and guitar. Performed meditative music, and developed her improvisational style.
- 1997 to 2006 – performed meditative and improvisational music as soloist (keyboard, flute and voice) as well as with Deva Premal und Miten, Manish Vyas (New Age and Mantras); Karunesh, Anugama, Sambodhi Prem (Meditative Music); Chinmaya Dunster, (Celtic/Indian); Milarepa, Bindhu, Prem Joshua (East West Crossover) and Harry Manx (Indian Blues Fusion). Recorded with Palash, Sambodhi Prem, Manish Vyas, Chinmaya Dunster and others.
- 2007 to 2010 – created “Singing Silence” circles (meditating through singing)
- 2008 – first CD release with Malimba Records “Zen Spa”
- 2010 – second CD release with Malimba Records “Celestial Spa”
- 2014 – Member of the Bergisch Gladbach Symphony Orchestra
- 2015 to 2020 – Adams International Flute Festival, Netherlands.
- 2016 – third CD release with Malimba Records “Reiki Meditations”
- 2016 – Workshop “Stress Release Through Music”, Adams International Flute Festival, Netherlands.
- 2016 – Flute Master classes with William Bennet, Lorna McGhee and Paul Edmund-Davies
- 2017 – Flute Masterclasses with Gwen Klassen, William Bennett and Lorna McGhee
- 2018 - Member of Yachad Chamber Orchestra
- 2018 – Masterclasses with Matthias Ziegler, Wissam Boustany and Ian Clarke
- 2020 – Masterclasses with Lorna McGhee and Gwen Klassen
- 2021 - Sonic Immersions with Shanna Pranaitis, Matthias Ziegler (composer, low flutes and electronics), Anne La Berge (composer and electronics), Camilla Hoitenga (flutist), Jane Rigler (composer), Eric

Lamb (flutist), Melody Chua (electric flute), Jenny Clift (EFT), Merranai Shim (Feldenkrais), Hilary Abigana (movement!), Morgan Davis, (Yoga, Meditation) and Carla Rees (Low flutes, publishing).

2021 – Womxn in Classical Music with Gwen Klassen, Carolyn Christie and Betty Pries.

2022 – Faculty at the Creativity Challenge with Shanna Pranaitis.

- Summer Camp with Simone Seol of Joyful Marketing.
- Visionary Workshop with Jennifer Rosenfeld.

2022 – Develops the online series “Meditative Music Making”.

2023 – Starts the nine-month Inner MBA with Tami Simon from “Sounds True” and a host of others!

2024 – Graduates from the Inner MBA.

- Starts a 12-month marketing course with Carmen Morin “Educational Architecture”.

2008 to the present - performs meditative music, dance meditation music, Kirtan (Indian singing meditative music), and participates in other meditative singing and music groups.

Teaches flute, keyboard, piano and voice.

Continues to record music as well as guided meditation videos with music.

Meditative and Stress Release Profile

1973 – 1986 Yoga

1983 – Studied Yoga with B.K.S. Iyengar in Pune, India

1984 – accredited Iyengar Yoga Teacher

1985 – Vipassana (with Anagarika)

1987 to 1997 – became familiar with many meditation and stress release techniques

(for example: rebirthing, encounter, inner child work, hypnosis, AUM meditation, Osho meditations: Kundalini, Nadabrahma, Dynamic)

1989 - Shiatsu

1990 – Prana Healing, Reiki

1991 – Divine Healing/Shiatsu

1992 – Intuitive Massage

1994 – Rebalancing

1995 to 1998 – Cranio Sacral Healing

1993 – 1997 Attunement (Emissaries of Divine Light)

1997 – 2007 Satsang (Samarpan, Om C. Parkin, Isaac Shapiro, Gangaji)

2000 – Enneagram with Eli Jaxon Bear

2006 – Essenz Healing (Intentional Healing – Cliff Sanderson)

2006 – Emotional Freedom Technique

2006 – Living Essence (Arjuna Ardagh)

2015 – Retreat for Teaching Professionals with Eckhart Tolle and Kim Eng

2017 – Alexander Technique with Gabriela Mindes-Brandes

2022 – creates “Meditative Music Making” in person and online workshops. Featured on the National Flute Association and Be Musico Online Series.

2023 – creates guided meditations with music

2024 – takes “Becoming a Teacher of Presence” with Eckhart Tolle and Kim Eng – a 4-month course.

2024/5 – takes several Melissa Tiers Workshops at the Center for Integrative Hypnosis.

2025 – Gives “Experience Oneness” workshop at the National Flute Convention in Atlanta, Georgia